

What Can you Do with a FRISBEE to support learning at home?



Activity #1–Throw, Run and Catch (math—measuring)

Ask your child to throw the frisbee into the air and then run to catch it before it touches the ground. Measure the **distance** from the point where your child threw the frisbee to the point where they catch it. Hint: an easy way to measure distance is by taking steps. An average child's step equals two feet.

Activity #2–Maximum Time Aloft (math—time and subtraction)

Ask your child to throw the disc up into the air and then catch it before it touches the ground. Use a watch with a second hand or a stopwatch and write down the time that they threw the frisbee and then the time that they caught it. Subtract the difference between the two times to get the time spent in the air. Do this activity 5 times, add up all of times recorded and divide by 5 to get the **average** time.

Activity #3–Category Toss (language arts—vocabulary)

Pick a category (example: colors) and then name an item in that category every time you catch the frisbee. Throw the frisbee back and forth until you run out of items in that category. Start a new game and pick a new category.

Activity #4–My Frisbee Story (language arts—writing)

Take your child to the park and throw your frisbee in different parts of the park. Point out interesting objects in the park and use describing words when talking with your child.

Example: Did you see that **crooked, wilting** tree? Write a story with your child when you get home about your day in the park. Start with the setting, talk about the characters, describe what the characters did, and add an ending to the story.

Activity #5–History of the Frisbee (language arts—reading, research, history)

Go to the library with your child or use your home computer to look up the history of the frisbee. Read about the history of the frisbee together and talk about which version you think is real and why.

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