

# Fathers Make a Difference!

When fathers are involved in their child's lives and education, they can make a difference in the following ways...

- **Modeling Adult Male Behavior**—Fathers can show their children that male adults can be responsible, act appropriately and positively deal with the stress of everyday life.
- **Making Choices**—Children learn about many things from the choices their fathers make, such as clothing, food and learning to follow rules. Making good choices promotes positive values and helping children understand the difference between right and wrong.
- **Problem Solving Abilities**—Studies show that children who have very involved fathers show an increase in curiosity and problem solving. When children are confident they can solve problems, they succeed in school.
- **Providing Emotional Support**—When fathers provide emotional support to a child's mother, the relationship between the mother and child improves. **For example:** When a father helps with homework, it gives the mother a break and the child understands that both parents feel that homework is important.



Source: U.S. Department of Education and U.S. Department of Health and Human Services, "A Call to Commitment: Fathers' Involvement in Children's Learning."

**For More Information Contact:**  
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